



PRESS RELEASE

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Living Well - The Power of Prevention

Stonewall, MB - The Interlake RHA is pleased to partner with "Healthy Together Now", Manitoba's Chronic Disease Prevention Initiative and the Aboriginal Health Transition Fund in hosting Living Well - The Power of Prevention conference on June 2nd and 3rd at the Lakeview Resort & Conference Centre in Gimli, MB.

The conference is designed to provide you with the information and tools required to make positive changes in your community. You will hear about successful programs in our Interlake communities and ways you can implement them. At the end of the two-day session, you will leave with a toolbox full of ideas and programs you can use to promote living well in your community and realize the true power of prevention.

"We're pleased to bring together health promotion and community wellness professionals to present their ideas and work with leaders to help make their communities healthier", remarked Kristin Stewart, Interlake RHA Community Wellness Team Leader.

The conference will feature a keynote address by Dr. Dean Kriellaars, School of Medical Rehabilitation, Department of Physical Therapy at the University of Manitoba.

There will be a special evening celebration to acknowledge folks from the Chronic Disease Prevention Initiative and Aboriginal Health Transition Fund projects who have dedicated so much time to preventing chronic disease in their communities.

For conference information, please contact Kristin Stewart at (204) 467-4755 or via e-mail at: kstewart@irha.mb.ca.